

# Senior Network Services – HICAP Program

## 2023 Basic Medicare 101 Webinar Classes

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Whether you're turning 65 or helping a family member navigate the system's complexities, understanding Medicare can be overwhelming. At this virtual seminar, a registered HICAP counselor will help demystify. This event is scheduled for Thursday, January 12, 2023 at 6:30pm via ZOOM.

Topics include: The A, B, C's (and D) of Medicare, Original Medicare vs Medicare Advantage, When and how to enroll, Choosing a drug plan, Supplementing Medicare.

Health Insurance Counseling and Advocacy Program (HICAP) counselors are highly trained and registered with the California Department of Aging. HICAP is not associated with insurance companies, products or agents. HICAP of Santa Cruz and San Benito Counties is a program within Senior Network Services, a community-based nonprofit organization.

### Dignity/Dominican Health PEP Classes

- Thursday, June 8, 6:30pm to 8:30pm
- Thursday, July 13, 6:30pm to 8:30pm
- Thursday, August 24, 6:30pm to 8:30pm
- Thursday, September 14, 6:30pm – 8:30pm

**Must register to attend. To register, call 831-462-5510 or go online at [www.dignityhealth.org/dominican/pep](http://www.dignityhealth.org/dominican/pep)**

For more information, contact Senior Network Services HICAP Program at

(831) 462-5510, or [www.seniornetworkservices.org](http://www.seniornetworkservices.org)

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