

Senior Network Services  
Health Insurance Counseling and Advocacy Program (HICAP)  
**Medicare and You**

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Attend an in-person presentation by the Health Insurance Counseling and Advocacy Program (HICAP), a program of Senior Network Services, a local nonprofit agency to learn how to compare plans and hear what is new with Medicare in 2024. HICAP provides unbiased Medicare Insurance information throughout California. **Presentations are free of charge but pre-registration is helpful. Please Call 831-462-5510**

<b>Date</b>	<b>Location</b>	<b>Time</b>
<b><u>Tuesday, May 21</u></b>	<b><u>London Nelson CC</u></b>	<b><u>1:00pm</u></b>
<b><u>Thursday, May 23</u></b>	<b><u>Highland Park SC</u></b>	<b><u>11:00am</u></b>
<b><u>Friday, May 24</u></b>	<b><u>Senior Network Services</u></b>	<b><u>10:00am</u></b>

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**SHIP**  
State Health Insurance  
Assistance Program

**Navigating Medicare**

HICAP is currently accepting Volunteer Counselor Application. Contact Bill at 831-462-5510